

## **FR JOE YOGA INSTRUCTION AND LIABILITY WAIVER AND RELEASE**

I understand that yoga is an ancient Indian system designed to make the body strong and flexible. I realize that it is important never to do any practice to the point of pain or discomfort. I am aware that there is some risk involved in all physical exercise and that I am responsible for recognizing my own physical limits.

I understand that yoga is not a substitute for medical attention, examination, diagnosis or treatment and that practicing yoga is not recommended and is not safe under certain medical conditions. If I have any concerns about whether yoga is suitable for me or if I have a particular injury or medical condition, I will consult my physician before participating in a yoga class.

Having read this and by the act of voluntarily participating in class, I hereby agree to irrevocably waive, release and discharge any and all claims and liabilities against Leigh Anne Milne, individual instructors hosted by Leigh Anne Milne, and/or Peer teachers or guest teachers for any personal injury, death or damage to the person or property, or loss sustained as a result of participation in live, online or recorded yoga classes.

### **CANCELATION POLICY**

We still live in and share a common concern over CoVid and two years of frequently shifting rules regarding restrictions, protocols etc. In BC, masks are now optional, and vaccine mandates will be dropped on April 8<sup>th</sup>. However, we do know this could shift again. We just don't know, and we need to be able to abide in that unknown at minimal risk.

If you withdraw before September 1<sup>st</sup>, 2022, you will receive your fee refunded, less a \$25.00 Admin fee.

If you withdraw after September 1<sup>st</sup>, you forfeit your fee. If you must withdraw for a CoVid related reason such as a positive test within two weeks of the workshop that prevents you from travel, you will be refunded less the Admin fee. Proof will be required.

Cancellation of the event. If it is necessary to cancel the event for CoVid related reasons such as restrictions placed on the venue that greatly limit capacity or Fr Joe is unable to travel you will be refunded your fee, less \$10.00. Please understand this is an irrecoverable cost to me as host that could be as much as \$400 if I had to absorb it. I appreciate your consideration on this.

Your registration payment is your acceptance of this policy.

Thank you!

